



DISABILITY SPORT NEWPORT ACTIVITIES PROGRAMME

Quality sporting and recreational opportunities
for disabled people throughout Newport

newportlive.co.uk



NEWPORT LIVE
CASNEWYDD FYW

Inspiring people to be happier and healthier

DISABILITY SPORT WALES

The Disability Sport Wales Community Scheme is a national initiative, co-coordinated and funded by the Federation of Disability Sport Wales Ltd (FDSW). Within Newport the scheme is delivered in partnership with Newport Live and Sport Wales.

The initiative aims to provide quality sporting and physical activity opportunities for disabled people at grass roots level.

VOLUNTEERS

The Disability Sport Newport programme relies on the support of volunteers. If you are interested in volunteering within the programme please contact the Disability Sport Wales Development Officer for Newport Live using the contact details on the back page.



SPORTS DEVELOPMENT

The Newport Live Sports Development team develops high quality sporting opportunities for individuals, schools and communities within Newport. Sport has a positive impact on individuals and communities and the team uses its expertise and resources to improve the development practices and the standard of sport within the city.

All details contained within this brochure were believed to be correct at the time of printing. However you are advised to contact any clubs before attending to confirm that the details are correct.

ARCHERY

Activity/Club Name:

City of Newport Archers

Time:

Sunday: 3pm — 6pm

Monday: 7pm — 9pm

Friday 7pm — 9pm

Venue:

Whitehead Sports & Social Club, Park View,
Newport NP10 8LA (April-Sept)

Graig Community Centre, Pentrepoeth Road,
Bassaleg, Newport (Oct-Mar)

Details:

Mainstream Target Archery club open to people with disabilities. One to one coaching provided for the 6 lesson beginners course. Please contact the club to discuss your requirements.

Cost:

Beginners course £40 for 18 years of age and over, £35 for under 18 years of age.

Contact:

Alistair Isaac a.r.isaac@btinternet.com. Contact can also be made through the club website www.newportarchers.com

ARCHERY

Activity/Club Name:

Archers of Underwood

Time:

Sunday 1pm — 4pm

Venue:

Caerleon Comprehensive School
Coldbath Road, Caerleon, Newport, NP18 1NF

Details:

Age from 8+. Lessons are run by qualified coaches. Open to all disabilities. We assess each person on an individual basis.

Cost:

£45 for six one-hour lessons

Contact:

Paul Gibbon

Paul.gibbon@ntlworld.com

01633 760417

www.archersofunderwood.co.uk



ATHLETICS

Activity/Club Name:

Newport Harriers

Time:

Thursday

6.30pm — 7.30pm

Venue:

Newport Stadium,
Newport International
Sports Village
Spytty Boulevard
Newport NP19 4RA

Details:

Fun athletics coaching sessions for any child with a disability age 8+.

Cost:

£2

Contact:

Ian Morgan 07889 653177
ikmphoto@hotmail.com

CANOEING

Activity/Club Name:

Croesyceiliog Canoe Club

Time:

Thursday

7.30pm — 8.30pm (Juniors)

8.30pm — 9.30pm (Seniors)

Venue:

South East Wales Regional Pool
Newport International Sports Village
Spytty Boulevard, Newport NP19 4RA

Details:

Inclusive canoe club open to disabled people. Please contact the club prior to attending to discuss your requirements.

Cost:

Please contact club

Contact:

Secretary@croesy canoe.co.uk
www.croesy canoe.co.uk



FENCING

Activity/Club Name:

Gwent Sword Club

Time:

Monday
7pm — 9pm

Venue:

Rougemont School, Malpas Road,
Newport NP20 6QB

Details:

Inclusive fencing club suitable for those with a physical or mild learning disability age 11 and over. Please contact the club before attending to discuss your requirements.

Cost:

8 week beginner course including year's club membership and equipment loan £55

Contact:

Carl Difford 01633 855751
diffords@virginmedia.com
www.gwentwordclub.co.uk

Newport Live Sports Development

FOOTBALL

Activity/Club Name:

Disability Football Session

Time:

Wednesday
5pm — 6pm

Venue:

Active Living Centre,
Bettws Lane, Bettws,
Newport NP20 7YB

Details:

Fun football activities for disabled children age 7 years and up. (Not appropriate for Wheelchair Users)

Cost:

£3 per session

Contact:

Steve McGrath 07866 544273
stephen.mcgrath@newportlive.co.uk



Newport Live Sports Development

FOOTBALL

Activity/Club Name:

Newport Dragons

Time:

Sunday 1.30pm – 2.30pm

Venue:

Wales National Velodrome,
Newport International Sports Village,
Spytty Boulevard Newport
NP19 4RA

Details:

Newport Dragons Disability Football Club provides a variety of football activities for both disabled children and adults. The club takes part in regular tournaments.

Cost:

£2.50

Contact:

Steve McGrath 07866 544273
stephen.mcgrath@newportlive.co.uk

GOLF

Activity/Club Name:

Parc Golf Club

Time:

Thursday 5.30pm – 6.15pm

Venue:

Parc Golf Club,
Church Lane,
Newport, NP10 8TU

Details:

Fun beginner golf sessions. For disabled children, and their non-disabled siblings and friends.

Cost:

£4

Contact:

Joe Vickery 07984 402393
joe@joevickerygolf.co.uk
www.joevickerygolf.co.uk



GYMNASTICS

Activity/Club Name:

Head Over Heels Gymnastics

Time:

Various - see website for details

Venue:

Trinity Church Hall, Glasllwch Lane, Newport
NP20 3PU

Details:

For our pre-school-aged children we run classes for under 2's and over 2's with parents, and classes for children in their pre-school year without parents. We also run cheerleading classes for children age 4-10 years.

Cost:

We offer a free trial for all pre-school classes. All classes cost £5.

Contact:

Kate Humpries/ Bev Proctor
Tel: 07768 485892
info@hohgymnastics.co.uk
www.hohgymnastics.co.uk

MULTISPORT

Activity/Club Name:

Multisport Health Wellbeing

Time:

Monday - Wednesday
10:45am – 12pm & 1:30pm – 2:30pm

Venue:

Newport Centre, 1 Kingsway, Newport, NP20 1 UH

Details:

Multi-sport Social Health & Wellbeing provide a variety of sporting activities, within the community, for adults with learning disabilities and additional needs.

Cost:

Please contact the club.

Contact:

Sian (07966) 368932
Leighton (07495) 520134
multisport@multisport-shw.co.uk
www.facebook.com/multisport.shw/



Newport Live Sports Development

RUNNING

Activity/Club Name:

Lliswerry Runners

Time:

Wednesday

6:30pm

Venue:

Meet at Regional Pool and Tennis Centre
NISV, Spytty Boulevard, Newport, NP19 4RA

Details:

6 different ability training groups, each with a Run Leader/Coach ensure that everyone can participate at their own level and with people of similar abilities.

Cost:

Free to members. New members are welcome to try out a few sessions before deciding upon joining. Annual membership is currently £30 (2017/18)

Contact:

www.lliswerryrunners.com/content/how-contact-us

ACTIVE PLAY

Activity/Club Name:

Active Play

Time:

Thursday

4:30pm – 5:30pm

Venue:

Newport Tennis Centre
Newport International Sports Village
Spytty Boulevard
Newport NP19 4RA

Details:

Interactive soft play sessions, for disabled children age 5 – 14 years.

Cost:

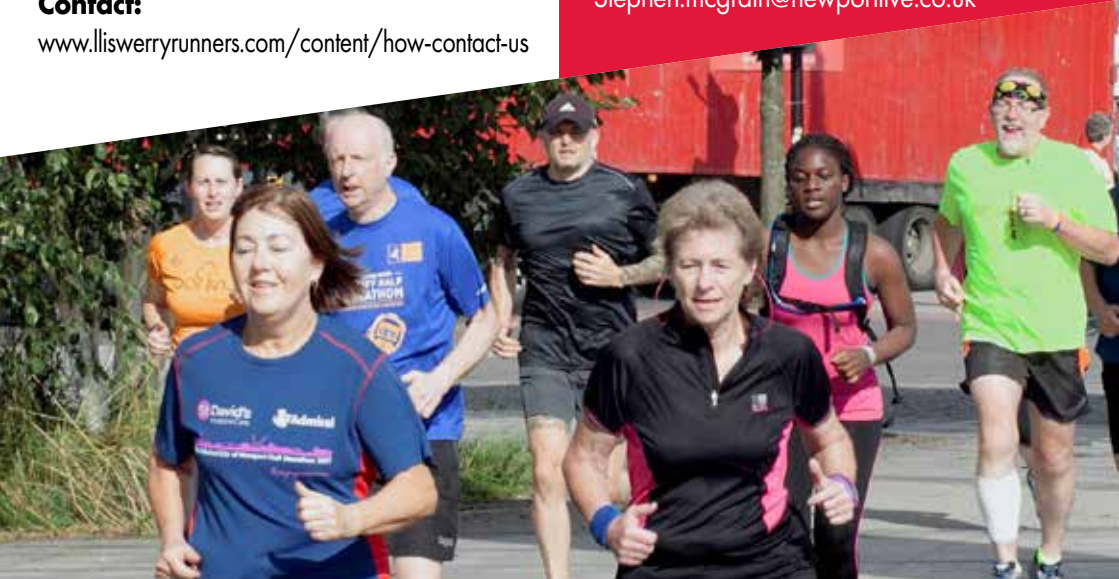
£2.90

Contact:

Steve McGrath

01633 656757

Stephen.mcgrath@newportlive.co.uk



SPARKLE ACTIVITY PROGRAMME

Activity/Club Name:

Sparkle Activity Programme

Time:

Various

Venue:

Serennu Children's Centre

Details:

Sparkle offer activities for children and young people aged under 18 who have a disability or developmental difficulty living in Newport, South Monmouthshire and South Torfaen.

Cost:

Please contact the club

Contact:

Jayne Jones

01633 748 013

Jayne.Jones20@Wales.nhs.uk

Newport Live Sports Development

RUGBY

Activity/Club Name:

NHSOB RFC The Specials

Time:

Saturday 12pm – 1pm

Venue:

NHSOB RFC Yew Tree Lane, Caerleon
NP18 1LL

(Oct - March) Wales National Velodrome
Newport International Sports Village Spytty
Boulevard Newport NP19 4RA

Details:

Fun non-contact rugby sessions for children and adults with a disability.

Cost:

Please contact the club.

Contact:

Gareth Hale 07752 189409



SWIMMING

Activity/Club Name:

Newport Seals

Time:

Saturday
6pm – 7pm

Venue:

Newport Centre 1 Kingsway,
Newport NP20 4UH

Details:

Swimming club for any child or adult with a disability. Must be accompanied in the water by a parent/carer/volunteer.

Cost:

£2.50

Contact:

Jane Watts 07877 812275 after 6pm
or email jane.watts43@gmail.com

SWIMMING

Activity/Club Name:

Learn to Swim Programme

Time:

Monday 6.30pm – 8pm
Friday 5.30pm – 7pm

Venue:

South East Wales Regional Pool,
Newport International Sports Village,
Spytty Boulevard, Newport NP19 4RA

Active Living Centre, Bettws Lane, Bettws
NP20 7YB

Details:

Lessons are half an hour and are appropriate for any child with a disability aged 6+.

Cost:

Please contact the club.

Contact:

Newport Live
01633 656757



TENNIS

Activity/Club Name:

Newport Disability Tennis

Time:

Thursday

5.30pm – 6.30pm

Venue:

Newport Tennis Centre

Newport International Sports Village

Spytty Boulevard

Newport NP19 4RA

Details:

Fun tennis coaching for disabled young people. Beginners welcome.

Cost:

Please contact the club.

Contact:

Newport Tennis Centre

01633 656757

TRAMPOLINING

Activity/Club Name:

Usk Valley Trampoline Club

Time:

Monday

5.30pm – 8pm

Venue:

Newport Centre,

1 Kingsway Newport NP20 4UH

Details:

Inclusive trampoline club appropriate for disabled children and young people. Steps are available to assist with access to the trampoline. Please contact the club prior to attending.

Cost:

Please contact the club.

Contact:

Barbara Digby-North

07952 584240



Newport Live Sports Development

TOTS FUN PROGRAMME

Activity/Club Name:

Tots Fun Programme

Time:

Various

Venue:

Various

Details:

We have an exciting range of inclusive tot's activities to keep them on their toes - there's never been a better time to bring your toddlers along for some Tots Fun! Age 18mths – 5 years old.

Cost:

£2.90

Contact:

Steve McGrath
01633 656757

Newport Live Sports Development

Newport International Sports Village
Spytty Boulevard,
Newport South Wales.
NP19 4RA

T: 01633 656757

sportsdevelopment@newportlive.co.uk

www.newportlive.co.uk



CHWARAEON ANABLEDD RHAGLEN GWEITHGAREDDAU CASNEWYDD

Cyfleoedd chwaraeon a hamdden o safon i bobol anabl ledled Casnewydd

CHWARAEON ANABLEDD CYMRU

Menter genedlaethol ydi Cynllun Cymunedol Chwaraeon Anabledd Cymru, a gyd-drefnir ac a gyllidir gan Ffederasiwn Chwaraeon Anabledd Cymru Cyf (FDSW). Yng Nghasnewydd cyflenwir y cynllun ar y cyd â Chasnewydd Fyw a Chwaraeon Cymru. Amcan y fenter ydi cynnig cyfleoedd chwaraeon a gweithgaredd corfforol o safon i bobol anabl ar lawr gwlad.

SAETHWRIAETH

Mae rhaglen Chwaraeon Anabledd Casnewydd yn dibynnu ar gefnogaeth gwirfoddolwyr. Os ydych chi'n ymddiddori mewn gwirfoddoli yn y rhaglen cysylltwch â Swyddog Datblygu Chwaraeon Anabledd Cymru dros Gasnewydd Fyw gan ddefnyddio'r manylion cysylltu ar y dudalen ôl.



DATBLYGU CHWARAEON

Mae tîm Datblygu Chwaraeon Byw Casnewydd yn datblygu cyfleoedd chwaraeon o safon uchel i unigolion, ysgolion a chymunedau yng Nghasnewydd. Mae chwaraeon yn effeithio'n gadarnhaol ar unigolion a chymunedau ac mae'r tîm yn defnyddio'i wybodaeth arbenigol a'i adnoddau i wella arferion datblygu a safon chwaraeon yn y ddinas.

Hyd y gwyddem roedd yr holl fanylion yn y llyfryn yma'n gywir ar adeg argraffu. Fodd bynnag, doeth o beth fyddai i chi gysylltu ag unrhyw glybiau cyn mynd yno i gadarnhau bod y manylion yn gywir.

SAETHWRIAETH

Gweithgaredd/Enw'r Clwb:

Archers of Underwood

Amser:

dydd Sul 1pm — 4pm

Oedfan:

Ysgol Gyfun Caerllion Heol Coldbath,
Caerllion Casnewydd

Manylion:

Oedran 8+. Rhedir y sesiynau gan
hyfforddwy'r cymwys. Ar agor i bob
anabledd. Byddwn yn asesu pawb yn unigol.

Pris:

£45 am chwe gwrs

Cyswllt:

Paul Gibbon Paul.gibbon@ntlworld.com

01633 760417

www.archersofunderwood.co.uk

SAETHWRIAETH

Gweithgaredd/Enw'r Clwb:

City of Newport Archers

Amser: dydd Sul: 3pm — 6pm

dydd Llun: 7pm — 9pm, nos Wener 7pm — 9pm

Oedfan:

Whitehead Sports & Social Club, Parc View,
Casnewydd NP10 8LA (Ebrill – Medi)
Canolfan Gymuned Graig, Heol Pentrepoeth,
Maesaleg, Casnewydd (Hydref- Mawrth)

Manylion:

Clwb Saethwriaeth Targed Prif Ffrwd ar agor i
bobol ag anableddau. Darparir hyfforddiant un i
un ar y cwrs dechreuwy'r 6 gwrs. Cysylltwch â'r
clwb i drafod eich gofynion.

Pris:

Cwrs dechreuwy'r £40 i 18 oed a throsodd, £35 i'r
rheini dan 18 oed.

Cyswllt:

Alistair Isaac a.r.isaac@btinternet.com. Gellir
cysylltu hefyd drwy wefan y clwb www.newportarchers.com



Newport Live Sports Development

MABOLGAMPAU

Gweithgaredd/Enw'r Clwb: Newport Harriers

Amser:

nos lau 6.30pm — 7.30pm

Oedfan:

Stadiwm Casnewydd Pentref Chwaraeon Rhyngwladol Casnewydd Boulevard Spytty Casnewydd NP19 4RA

Manylion:

Sesiynau hyfforddi mabolgampau sy'n hwyl i unrhyw blentyn ag anabledd 8+ oed.

Pris:

£2

Cyswllt:

Ian Morgan 07889 653177
ikmphoto@hotmail.com

CANŴIO

Gweithgaredd/Enw'r Clwb:

Croesyceiliog Canoe Club

Amser:

nos lau 7.30pm — 8.30pm (Rhai lau)
8.30pm — 9.30pm (Rhai Hy^n)

Oedfan:

Pwll Rhanbarthol De-ddwyrain Cymru Pentref Chwaraeon Rhyngwladol Casnewydd Boulevard Spytty Casnewydd NP19 4RA

Manylion:

Clwb canwio cynhwysol yn agored i bobol anabl. Cysylltwch â'r clwb cyn mynd, i drafod eich gofynion.

Pris:

Cysylltwch â'r clwb

Cyswllt:

Secretary@croesyca noe.co.uk www.croesyca noe.co.uk



FFENSIO

Gweithgaredd/Enw'r Clwb: Gwent Sword Club

Amser: nos Lun 7pm – 9pm

Oedfan: Rougemont School, Malpas Rd, Casnewydd NP20 6QB

Manylion: Clwb ffensio cynhwysol yn addas i'r rheini ag anabledd corfforol neu ddsygu ysgafn 11 oed a throsodd. Cysylltwch â'r clwb cyn mynd, i drafod eich gofynion.

Pris: cwrs dechreuwyr 8 wythnos gan gynnwys aelodaeth blwyddyn o'r clwb a benthyg offer £55

Cyswllt:

Carl Difford 01633 855751

diffords@virginmedia.com

www.gwentswordclub.co.uk

Newport Live Sports Development

PÊL-DROED

Gweithgaredd/Enw'r Clwb: Disability Football Session

Amser: nos Fercher 5pm – 6pm

Oedfan: Active Living Centre, Bettws Lane, Bettws, Casnewydd NP20 7YB

Manylion: Gweithgareddau pêl-droed difyr i blant anabl 7 oed a throsodd. (Ddim yn addas i Ddefnyddwyr Cadeiriau Olwyn)

Pris: £3

Cyswllt: Steve McGrath 07866 544273
stephen.mcgrath@newportlive.co.uk



Newport Live Sports Development

PÊL-DROED

Gweithgaredd/Enw'r Clwb: Newport Dragons

Amser:
dydd Sul 1.30pm – 2.30pm

Oedfan:
Felodrom Rhyngwladol Cymru Pentref
Chwaraeon Rhyngwladol Casnewydd
Boulevard Spytty Casnewydd NP19 4RA

Manylion:
Mae Clwb Pêl-droed Anabledd Dreigiau
Casnewydd yn darparu amrywiaeth o
weithgaredd pêl-droed i blant ac oedolion
anabl. Mae'r clwb yn cymryd rhan mewn
twrnameintiau rheolaidd.

Pris:
£2.50

Cyswllt:
Steve McGrath 07866 544273
stephen.mcgrath@newportlive.co.uk

GOLFF

Gweithgaredd/Enw'r Clwb:
Parc Golf Club

Amser:
nos lau 5.30pm – 6.15pm

Oedfan:
Parc Golf Club, Church Lane, Casnewydd
NP10 8TU

Manylion:
Sesiynau golff difyr i ddechreuwr. I blant
anabl, a'u brodyr a'u chwiorydd a'u
ffrindiau sydd ddim yn anabl.

Pris:
£4

Cyswllt:
Joe Vickery 07984 402393
joe@joevickerygolf.co.uk
www.joevickerygolf.co.uk



GYMNASTEG

Gweithgaredd/Enw'r Clwb:

Head Over Heels Gymnastics

Amser:

Amryw – gweler y manylion ar y wefan

Oedfan:

Neuadd Eglwys y Drindod Lôn Glasllwch
Casnewydd NP20 3PU

Manylion:

I'n plant cyn oed ysgol rydym yn rhedeg dosbarthiadau i blant dan ddwyflwydd a phlant dros ddwyflwydd gyda rhieni, a dosbarthiadau i blant yn eu blwyddyn cyn yr ysgol heb rieni. Rydym hefyd yn rhedeg dosbarthiadau codi hwyl i blant 4-10 oed.

Pris:

£5

Cyswllt:

Kate Humpries/ Bev Proctor
Tel: 07768 485892
info@hohgymnastics.co.uk
www.hohgymnastics.co.uk

MULTISPORT

Gweithgaredd/Enw'r Clwb:

Multisport Health Wellbeing

Amser:

Llun- Mercher 10:45 – 12:00 & 1:30 – 2:30pm

Oedfan:

Canolfan Casnewydd 1 Kingsway, Casnewydd
NP20 4UH

Manylion:

Mae lechyd a Lles Cymdeithasol aml-chwaraeon yn cynnig amrywiaeth o weithgareddau chwaraeon, yn y gymuned, i oedolion ag anableddau dysgu ac anghenion ychwanegol.

Pris:

Cysylltwch â'r Ganolfan

Cyswllt:

Sian (07966) 368932
Leighton (07495) 520134
multisport@multisport-shw.co.uk
www.facebook.com/multisport.shw/



Newport Live Sports Development

RHEDEG

Gweithgaredd/Enw'r Clwb:

Liswerry Runners

Amser:

Dydd Mercher
6:30pm

Oedfan:

Canolfan Tennis Casnewydd Pentref Chwaraeon
Rhyngwladol Casnewydd Boulevard Spytty
Casnewydd NP19 4RA.

Manylion:

6 grŵp hyfforddi o wahanol alluoedd, pob un ag
Arweinydd/Hyfforddwr Rhedeg i sicrhau y gall pawb
gymryd rhan ar eu lefel eu hunain a gyda phobl o
alluoedd tebyg.

Pris:

Am ddim i aelodau. Mae croeso i aelodau newydd
ddod draw i roi cynnig ar ychydig o sesiynau cyn
penderfynu ymuno. Mae aelodaeth flynyddol yn £30
(2017/18) ar hyn o bryd

Cyswllt: www.liswerryrunners.com/content/how-contact-us

CHWARAE GWEITHREDOL

Gweithgaredd/Enw'r Clwb:

Active Play

Amser:

Dydd Llun
4.30pm – 5.30pm

Oedfan:

Canolfan Tennis Casnewydd Pentref
Chwaraeon Rhyngwladol Casnewydd
Boulevard Spytty Casnewydd NP19 4RA.

Manylion:

Sesiynau chwarae meddal rhyngweithiol i
blant anabl 5-14 oed.

Pris:

£2.90

Cyswllt:

Steve McGrath
01633 656757
Stephen.mcgrath@newportlive.co.uk



SPARKLE ACTIVITY PROGRAMME

Gweithgaredd/Enw'r Clwb:

Sparkle Activity Programme

Amser:

Various

Oedfan:

Serennu Children's Centre

Manylion:

Mae Sparkle yn cynnig gweithgareddau i blant a phobl ifanc dan 18 oed a chanddynt anabledd neu anhawster datblygiadol sy'n byw yng Nghasnewydd, De Sir Fynwy a De Torfaen.

Pris:

Cysylltwch â'r Ganolfan

Cyswllt:

Jayne Jones

01633 748 013

Jayne.Jones20@Wales.nhs.uk

Newport Live Sports Development

RYGBI

Gweithgaredd/Enw'r Clwb:

NHSOB RFC The Specials

Amser:

dydd Sadwrn 12pm – 1pm

Oedfan: NHSOB RFC Yew Tree Lane,
Caerllion NP18 1LL

Manylion: Sesiynau rygbi heb gyffwrdd i blant ac oedolion ag anabledd.

Pris:

Cysylltwch â'r clwb.

Cyswllt:

Gareth Hale 07752 189409



Newport Live Sports Development

NOFIO

Gweithgaredd/Enw'r Clwb:

Newport Seals

Amser:

nos Sadwrn 6pm – 7pm

Oedfan:

Canolfan Casnewydd 1 Kingsway,
Casnewydd NP20 4UH

Manylion:

Clwb nofio i unrhyw blentyn neu oedolyn ag anabledd. Yn y dw'r rhaid bod yng nghwmni rhiant/gofalwr/gwirfoddolwr.

Pris:

£2.50

Cyswllt:

Jane Watts 07877 812275 ar ôl chwech o'r gloch yr hwyr neu ebost jane.watts43@gmail.com

NOFIO

Gweithgaredd/Enw'r Clwb:

Learn to Swim Programme

Amser:

nos Lun 6.30pm – 8pm

nos Wener 5.30pm – 7pm

Oedfan: Pwll Rhanbarthol De-ddwyrain Cymru, Pentref Chwaraeon Rhyngwladol a Chanolfan Byw Gweithgar Casnewydd, Betws

Manylion: Mae'r gwersi'n hanner awr ac maen nhw'n addas i unrhyw blentyn ag anabledd 6+ oed.

Pris: Cysylltwch â'r clwb.

Cyswllt: Casnewydd Fyw 01633 656757



TENNIS

Gweithgaredd/Enw'r Clwb:

Newport Disability Tennis

Amser:

nos Iau 5.30pm – 6.30pm

Oedfan:

Canolfan Tennis Casnewydd Pentref
Chwaraeon Rhyngwladol Casnewydd
Boulevard Spytty Casnewydd NP19 4RA

Manylion:

Hyfforddiant tennis sy'n hwyl i bobol ifanc
anabl. Croeso i ddechreuwr.

Pris:

Cysylltwch â'r clwb.

Cyswllt:

Canolfan Tennis Casnewydd 01633 656757

TRAMPOLINIO

Gweithgaredd/Enw'r Clwb:

Usk Valley Trampoline Club

Amser:

nos Lun 5.30pm – 8pm

Oedfan:

Canolfan Casnewydd 1 Kingsway
Casnewydd NP20 4UH

Manylion:

Clwb trampolinio cynhwysol addas i blant a
phobol ifanc anabl. Mae grisiau ar gael yn
gymorth i fynd ar y trampolin. Cysylltwch â'r
clwb cyn mynd yno.

Pris:

Cysylltwch â'r clwb.

Cyswllt:

Barbara Digby-North 07952 584240



Newport Live Sports Development

HWYL PLANT BACH

Gweithgaredd/Enw'r Clwb:

Tots Fun Programme

Amser:

Amrywiol

Oedfan:

Amrywiol

Manylion:

Mae gennym amrywiaeth cyffrous o weithgareddau cynhwysol i blant bach i'w diddanu! 18 mis – 5 oed.

Pris:

£2.90

Cyswllt:

Steve McGrath
01633 656757

Newport Live Sports Development

Datblygu Chwaraeon Byw Casnewydd
Pentref Chwaraeon Rhyngwladol Casnewydd
Boulevard Spytty, Casnewydd De Cymru
NP19 4RA

T: 01633 656757

sportsdevelopment@newportlive.co.uk

www.newportlive.co.uk

