

St Joseph's Transition Camp Report 2018.

Aristote Menayese



St Joseph's Transition Camp Stats and Report:

Total Attendances	Week 1						Week 2						Total:
	Mon 30 th July	Tues 31 st	Wed 1 st	Thu 2 nd	Fri 3 rd	Total Week 1	Mon 6 th	Tues 7 th	Wed 8 th	Thu 9 th	Fri 10 th	Total Week 2	
Participants	71	71	63	61	51	317	36	38	29	33	18	154	471
Male	43	43	31	32	28	177	20	24	13	16	11	84	261
Female	28	28	32	29	23	140	16	14	16	17	7	70	210

Registered Participants	Week: 1					Week: 2				
	Mon	Tue	Wed	Thu	Fri	Mon	Tue	Wed	Thu	Fri
Registered per day prior to camp	80	80	80	80	80	41	37	35	34	28

Total Registered Participants 134

Average Frequency of Participant 4 Days

Content Delivered:

Workshop Delivered:

18

Sporting Activities Delivered:

12

List of workshops:

- **Anti-Social Behaviour and Online Aware**
- **Building personal resilience**
- **Bullying and building relationship**
- **Crime and Consequence**
- **Nutrition**
- **Racism and discrimination**
- **Substance Abuse**
- **Team Building**
- **Transition to higher education**

List of sporting activities:

- **Baseball**
- **Basketball**
- **Dodgeball**
- **Football**
- **Netball**
- **Rugby**

List of Partner Agencies:

- **Families 1st**
- **Fire Service**
- **Gwent Engage**
- **Gwent Police**
- **SEWREC**

Workshop Delivered:

- **(Nutrition and Building Personal Resilience)**
- **Crime and Consequences**
- **Substance Workshop**
- **Anti-social Behaviour and Online Awareness**
- **Racism and discrimination**

Transition Timetable:

July - WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
	30 th	31 th	August 1st	2 nd	3 rd
9:00 – 9:15AM	Registration: Introduction	Registration: Introduction	Registration: Introduction	Registration: Introduction	Registration: Introduction
9:15 – 10:00AM	Team Building Workshop	Transition to Higher Education	Building Personal Resilience (Family First).	Bullying and building relationships	Nutrition Workshop (Family First)
10:00 – 10:45AM	Traditional Sports: Basketball	Traditional Sports: Football	Traditional Sports: Netball	Traditional Sports: Baseball	Traditional Sports: Rugby
10:45 – 11:10AM	Break	Break	Break	Break	Break
11.10– 12:00 PM	Traditional Sports: Dodgeball	Partner Agencies: Crime and Consequences	Partner Agencies: Antisocial Behaviour & Online Awareness	Partner Agencies: Gwent Engage Substances Workshop	Partner Agency: Racism and discrimination
12:00 – 12:30PM	Transition Activities: Tasks - Logbook	Transition Activities: Tasks - Logbook	Transition Activities: Tasks - Logbook	Transition Activities: Tasks - Logbook	Transition Activities: Tasks - Logbook

Feedback Page:

- Throughout the two weeks we provided participants and parents with the opportunity to provide some feedback on their camp experience:

Feedback Figures:	Number of Responder:
Participants	83
Parents/ Guardians	40

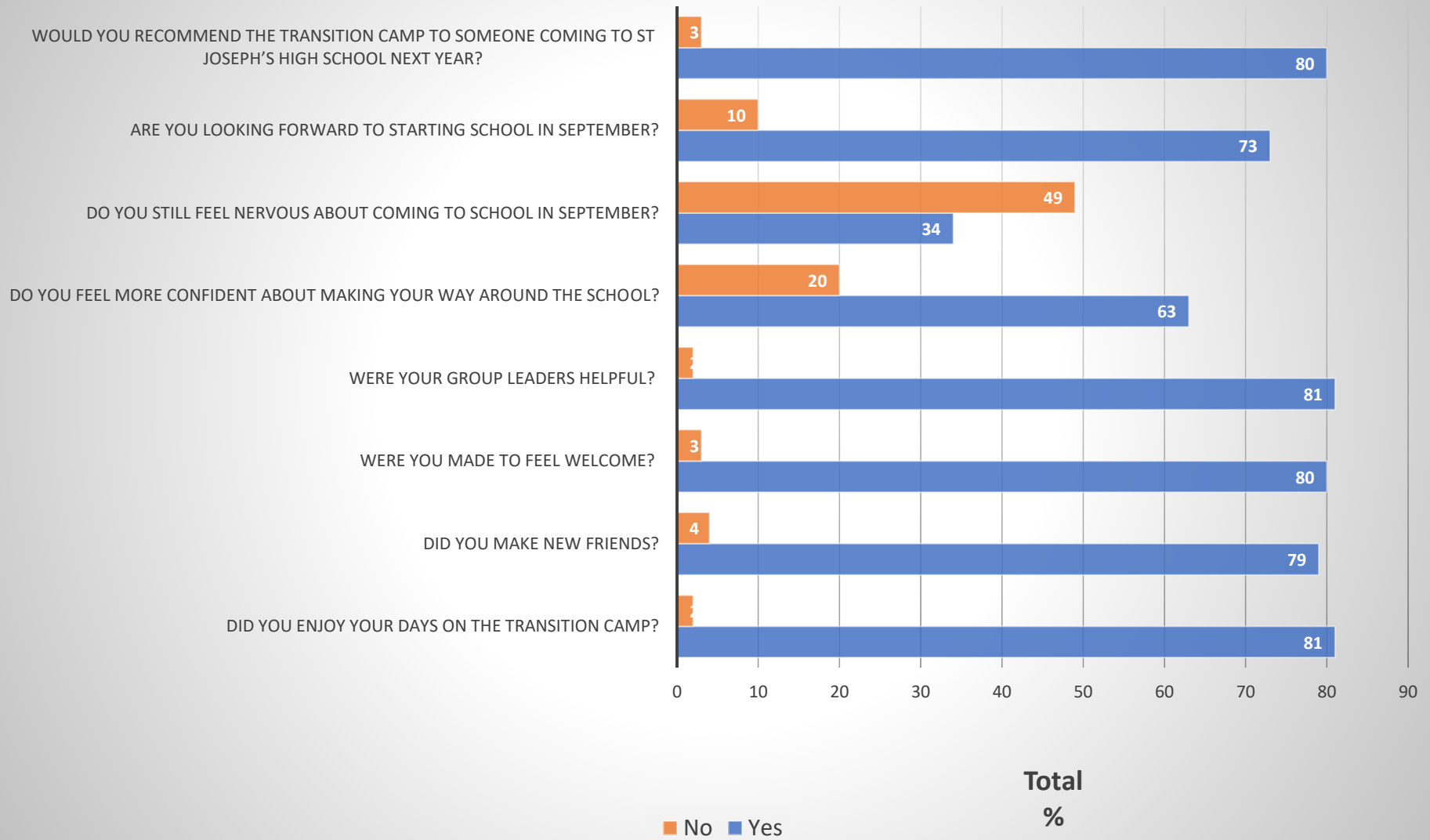
Participants Feedback:

- From the participants that provided feedback **98%** stated they enjoyed the camp experience. And **95%** also stated they managed to make new friends throughout the week. Making friends being the most frequent reason for enjoying the experience on camp ***“making new friends because I made lots”***, in addition to experiencing different activities, making stress balls during the wellbeing workshop, group activities. In addition, **76%** of our responder felt more confident about making their way around the school, also **59%** no longer felt nervous about coming to St Joseph’s High School in September. **88%** of the participants added they were looking forward to starting school in September, with **96%** responder stating they would recommend the transition camp to anyone coming to St Joseph’s High School next year. Additionally, on the scale of (1-10) **86%** of the participants that provided feedback rated the camp 9 and above, with **93%** rating the camp experience 8 and above. Some added; ***“I wouldn’t change anything it was perfect.”.. I wouldn’t change anything it was amazing” “Nothing because it was fun” “I wouldn’t change anything because I feel more confident”***.

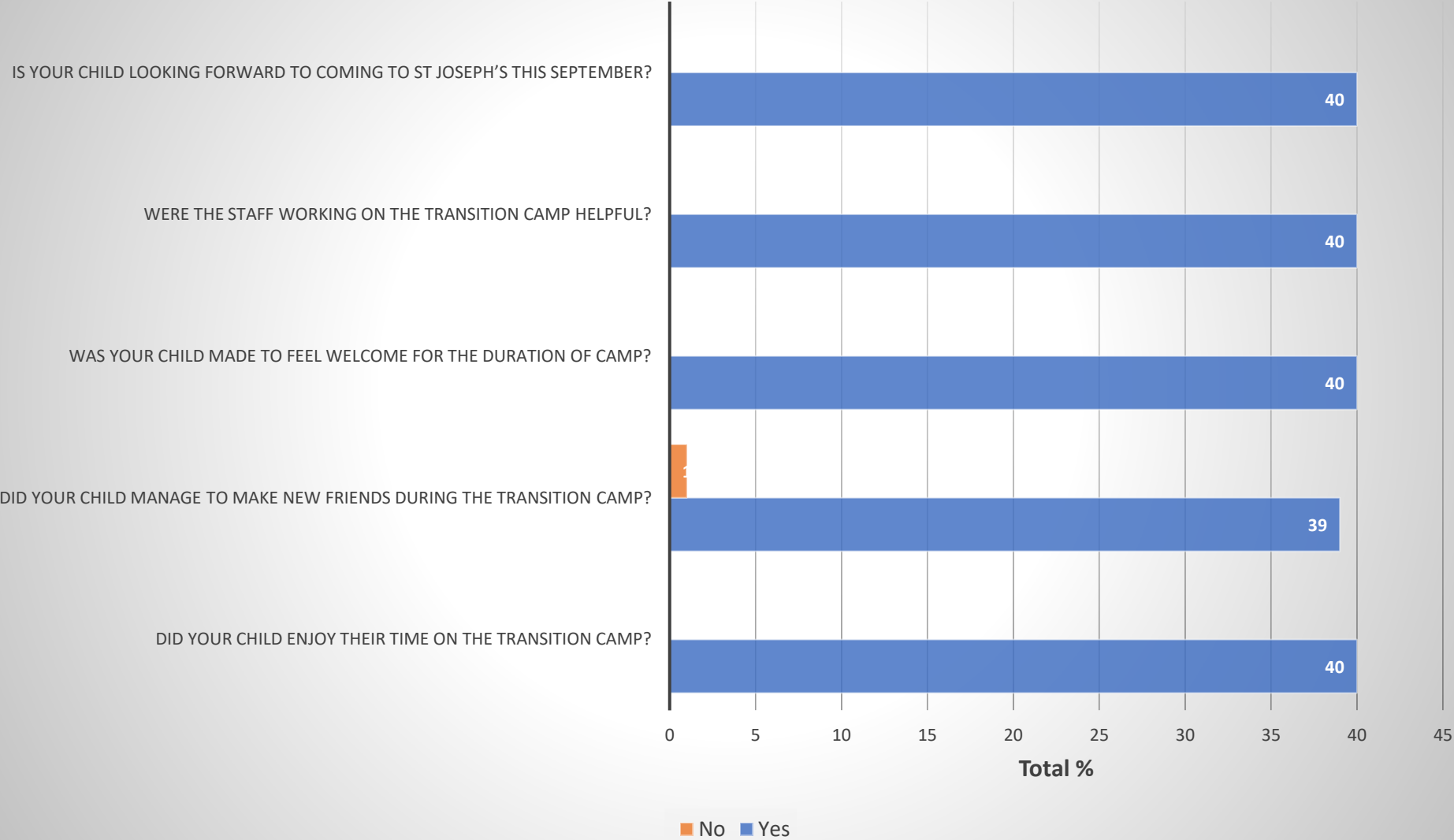
Parent(s) and Guardian(s) Feedback:

- From the 40 parents and guardians that provided feedback, 100% stated that the child enjoyed the time on the transition camp. With the majority stating the child benefited from attending the transition camp; ***“Most definitely!”***, ***“ Yes, she has met new friends and gained confidence”***, ***“Yes he built on confidence and made new friends which will help in September”***, ***“Yes, Rozanne became more confident and made new friends”***. Adding; ***“Yes, learnt useful information.” Yes, I think it helped to spend time getting used to being in the high school”***. Parents also stated ***“ Yes, my child has made friends and has an idea of what to come”***, ***“100%, her anxieties have gone!!”*** 95% of the parent that responded stated their child managed to make new friends during the transition camp, with 100% adding that their child is looking forward to coming to St Joseph’s in September. Parents further added how the child’s experiences on camp were beneficial for their transition into secondary school; ***“this has been an invaluable experience which has helped in increasing our son’s confidence and self-esteem at what is always a tricky milestone and especially as he doesn’t have any existing friends going to St Joseph’s”***, another parent added ***“ she feels better ‘about’ attending in September as she made friends”*** also, ***Great camp, great opportunity for meeting new friends”***.

Transition Camp 2018 - Participants Feedback



Transition Camp 2018 - Parents Feedback



Workforce Resources:

Staff	Hours (Hours x Days)	Cost
Facility Hire	5x10 = 50hrs	Total Cost: 0
Sports Coordinators	5x10 = 50hrs - A.M 5x10 = 40hrs - S.S 5x7 = 35 hrs - K.B 5x5 = 25hrs - L.B 3x2 = 6hrs - J.H 3x2 = 6Hrs - M.M 3x2 = 6Hrs - A.W Total Hours: 168	168 hrs x 10.75= 1,806 Total Cost: £ 1,806
Sports Coaches	5x10 = 50hrs - C.M 5x10 = 45hrs - R.L 5x6 = 30hrs - L.M 5x4 = 20hrs - L.S 5x2 = 10hrs - H.B Total Hours: 155	155 hrs x 10.75=1,666 Total Cost: £1,666
Partner Agencies	3x4 = 12hrs - Families First 3x2 = 6hrs - Fire Service 3x2 = 6hrs - Gwent Police 3x2 = 6hrs - Gwent Engage 3x2 = 6hrs - S.E.W.R.E.C Total Hours: 36	36hrs x 0 = 0. Total Cost: 0
Volunteers	5x8 = 40 Hours – A.H	Total Cost: 0
Total Cost (Including Sports Coordinators) *:	£3,472 *	
TOTAL COST (Within Budget):	£1,666	

Recommendation for improvement:

- One-week camp instead of two weeks. (*We are increasing capacity of week 1, number on week 2 were lower than 1*).
- Increase capacity of each day to 110 instead of 80.
- Increase the camp time (*9am until 1pm*). – *Staff will start at 8.30 from Tuesday onwards*
- Add primary school to registration forms to support in grouping the participants during camp
- Send out letters earlier to parents and guardians, including a leaflet on last years transition.
- Utilised more volunteers during the week camp. (*Welshback Students – Liaising with Mrs J Moriarty*)
- Potentially look at other partner agencies to deliver different workshops and activities
- National Governing Bodies involvement (*Delivering Sporting activities*)
- Reduce the logbooks tasks and activities. (*Reduce to 20minutes per day*)
- Questionnaire for participants prior to the start of camp (*Compare and contrast progression*).
- Look to streamline booking process. (*Liaise with the school*)
- Early promotion of the camp (*Links with primary schools*)
- Confirm transition dates earlier with the school.
- Scope for development (*Implementing the transition camp at other secondary school*)